

# Dr Suman Khanal

General Surgeon (MBBS, MS)

Dhapasi-6, Kathmandu

00977

Nepal

📞 9851181765

✉ [sumandoc@iom.edu.np](mailto:sumandoc@iom.edu.np)

📄 <https://github.com/sumanstats>

*"Surgery, like Truth, may hurt, but it cures"*

## Education

2003 **School Leaving Certificate (SLC)**, *Small Heaven School, Chitwan*, Ministry of Education(MOE), Secured first position.

**Distinction**

2003–2005 **Intermediate of Science (I. Sc.)**, *St. Xavier's College, Kathmandu*, Tribhuvan University.

**Distinction**

Feb 2006–Aug 2011 **Bachelor of Medicine and Bachelor of Surgery (MBBS)**, *Manipal College of Medical Sciences, Pokhara*, Kathmandu University.

**Distinction**

July 2014–July 2017 **Master of Surgery (MS)**, *Institute of Medicine, Maharajgunj*, Tribhuvan University.

**Gold Medalist**

## Master thesis

Title *Abbreviated Burn Severity Index in predicting mortality in burns in tertiary center*

Preceptor Professor Ishwor Lohani, Head, Department of Plastic Surgery

## Current Work

October 2018–Current **Registrar, BP Koirala Memorial Cancer Hospital**, Bharatpur, Chitwan.

**GI Unit**, Department of Surgical Oncology

## Past Work

July 2017–September 2018 **Lecturer, Tribhuvan University Teaching Hospital**, Kathmandu.

**Breast and Thyroid Unit**, Department of GI and General Surgery

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## Experience/Achievements

- 2007 **Manipal College of Medical Sciences**, Pokhara.  
Certificate of successful completion of Medicine and the Arts, **Dr P Ravi Shankar**
- 2008 **Manipal College of Medical Sciences**, Pokhara.  
Certificate of appreciation as patient assessment committee member in Poor Patient's Fund
- 2011 **Operation Smile Inc.**, Pokhara.  
Trauma Life Support Training
- 2011 **Health Camp**, Gulmi.  
Worked as a volunteer in a 2-day health camp supported by Manipal Teaching Hospital
- Oct 2011–Apr 2012 **Ministry of Health and Population (MoHP)**, Tikapur, Kailali.  
Worked as a Medical Officer
- Jan 2012 **USAID, Nepal**, Kathmandu.  
National Training on Clinical Management of HIV/AIDS
- Mar 2012 **Ministry of Health and Population (MoHP)**, NHTC, Nepalgunj.  
No Scalpel Vasectomy (NSV) Training
- Apr 2012–Oct 2013 **Seti Zonal Hospital, Ministry of Health and Population (MoHP)**, Dhangadhi, Kailali.  
Worked as a Medical Officer
- Feb 2013 **Advocacy Forum-Nepal**, Dhangadhi, Kailali.  
Medical Examination and Medico-Legal Documentation of Human Right Violations with Special Focus on Torture and Sexual Violence
- Mar 2013 **National Tuberculosis Centre (MoHP)**, Kathmandu.  
Basic TB Modular Training
- 2013 **National Centre for AIDS and STD Control (NCASC)**, Nepalgunj.  
Prevention of Mother to Child Transmission (PMTCT) of HIV Training
- 2015 **Nepalese Association of Surgical Gastroenterology (NASG)**, Kathmandu.  
Update on Surgical Management of Benign Gastrointestinal Diseases
- 2016 **Society of Surgeons of Nepal (SSN)**, Kathmandu.  
Sonsocopy for Surgical Residents
- 2016 **Maharajgunj Medical Campus**, Kathmandu.  
Laparoscopic Hernia Workshop
- June 2017 **Tribhuvan University Teaching Hospital**, Kathmandu.  
4<sup>th</sup> TUTH Uro-Update on Andrology

June 2017 **Nepalese Association of Surgical Gastroenterology (NASG)**,  
Kathmandu.  
Advanced Laparoscopic Colorectal Surgery Workshop

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## Languages

Nepali	Speaking, Reading, Writing	<i>Native language</i>
English	Speaking, Reading, Writing	
Tharu	Listening	

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## Computer skills

Microsoft Office	Good knowledge of Word, PowerPoint, Excel
R	Good knowledge of statistics and programming with R
L <sup>A</sup> T <sub>E</sub> X	Good knowledge of making documents with L <sup>A</sup> T <sub>E</sub> X
Others	Working knowledge of Python, Git ( <b>git</b> ), GitHub ( <b>☪</b> ), Bash, Linux

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## Interests

Surgery	Staying abreast with latest developments in Surgery
Programming	Playing with Python, R, Raku and the Web
Travelling	Adventures, Hiking
Playing	Chess, Tennis

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## Awards

<b>Amir Prativa Padak</b>	For securing 1 <sup>st</sup> position in SLC
<b>Gold Medalist</b>	For securing 1 <sup>st</sup> position in Master of Surgery in Tribhuvan University

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## Conference Presentations

XIII SSN 2016	<b>Kathmandu</b> , Abbreviated Burn Severity Index in predicting mortality in burns in tertiary center
44th Annual Meeting of Korean Cancer Association and the 4th International Cancer Conference (KCA 2018)	<b>Seoul</b> , Profile and outcome of triple negative breast cancer at a tertiary care university hospital in Nepal
57th Annual Meeting of Japan Society of Clinical Oncology (JSCO 2019)	<b>Fukuoka, Japan</b> , Profile and outcome of triple negative breast cancer at a tertiary care university hospital in Nepal



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## Publications

1. HIV Cure: Are we there yet? *Journal of Advances in Internal Medicine*, 2014
2. Rare case of bleeding nipple hemangioma in a lactating mother, *Journal of Surgical Case Reports*, 2018
3. Anorectal tuberculosis mimicking as rectal prolapse, *Annals of Medicine and Surgery*, 2018
4. Malignant phyllodes tumor with metastases to lung, adrenal and brain: a rare case report, *Annals of Medicine and Surgery*, 2018
5. Secondary angiosarcoma in a hormone receptor negative breast cancer patient, *Journal of Surgical Case Reports*, 2019
6. Batwing Technique in Large Volume Excision of Breast Lesions: Case Report, *Journal of the Institute of Medicine*, 2019
7. Case of HER2-Enriched Multifocal Breast Cancer Associated with Pregnancy, *Journal of the Institute of Medicine*, 2019
8. Round Block Technique in Management of Breast Lesions, *Kathmandu University Medical Journal*, July-Sept 2019




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## Books

-  <https://sumankhanal.gitlab.io/diff-calculus/>
-  <https://sumankhanal.gitlab.io/essential-surgery/>

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## Visibility

-  <https://sumankhanal.netlify.app/>
-  <https://github.com/sumanstats/>
-  <https://twitter.com/sumanstats>